



# Benefits Alert

A Benefits News Bulletin From Benefits Services

For Campus-Wide Distribution

Volume 1, Issue 1

February 2010

## NEW Customer Service Plan

Benefits Services is pleased to announce our new Customer Service Plan. Effective February 1st, our process has been changed to provide two Benefits Customer Service Representatives to meet the needs of our campus community. Benefits customer service will now be delivered according to last name – A through L; and M through Z. The alphabetical assignments are:

A through L – *Ines Guerrero-Wissell*,  
[iguerrer@csulb.edu](mailto:iguerrer@csulb.edu), (562) 985-8269  
M through Z – *Beth Anderson*,  
[banders7@csulb.edu](mailto:banders7@csulb.edu), (562) 985-4411

You may also access Customer Service via telephone at X-52381, and via email at: [benefits@csulb.edu](mailto:benefits@csulb.edu). We are very excited about our new customer service plan and look forward to meeting all your Benefits customer service needs.

## COBRA UPDATE

The American Recovery and Reinvestment Act (ARRA) provides that eligible individuals have the right to pay reduced COBRA premiums for specific periods of time. The provisions of ARRA, which were set to expire on 12/31/09, have been extended as follows:

- Extends the subsidy for an additional six months, for a maximum of 15 months for eligible workers;
- Includes workers who are involuntarily terminated on or before Feb. 28, 2010, as well as their qualified beneficiaries;
- Clarifies that eligibility occurs immediately upon an involuntary termination of employment that occurs within the eligibility period.

## CalPERS Retirement Workshops

### Understanding Your CalPERS Retirement Benefits

This workshop provides information to help you understand your retirement benefits. Held in a computer lab setting, participants are assisted in accessing the CalPERS online Retirement Planning Calculator, Service Credit Purchase information, benefits after retirement, and the retirement application process.



February 17, 1-3 p.m.	CBA 237A
March 16, 10-12 p.m.	CBA 237A
April 12, 2-4 p.m.	CBA 240
May 11, 10-12 p.m.	CBA 237A
June 16, 10-12 p.m.	CBA 237A
July 14, 2-4 p.m.	CBA 237A
August 10, 10-12 p.m.	CBA 237A

To register visit [www.csulb.edu/stafftraining](http://www.csulb.edu/stafftraining) and click on “Current Training Opportunities.”

## Healthy Lifestyles Rewards Programs

### **Get Healthy! Get Rewarded!**

Blue Shield and Kaiser health plans offer innovative online programs designed to encourage healthy behavior. Blue Shield offers up to \$200 per adult member to adopt healthier habits. Receive \$50 just for completing their wellness assessment. Kaiser offers its members a chance to win \$500 gift certificates, and other prizes for completing their online Total Health Assessment. Find out about these healthy lifestyles programs via the health plans’ website, or by contacting them directly. The Anthem Blue Cross health plans have other health resources available to its members.